

ॐ ଶ୍ରୀମନ୍ଦର୍ଶନ୍ ଶେଷନ୍ ସଞ୍ଜ୍ଞା ।

Verses of Refuge and Bodhichitta

by Śākyasrībhadra

ଦ୍ରୋ ନାମ ଦ୍ରାଲ ଦୋ ସଂପା ଯି ।
dro nam dral dö sampa yi
Motivated by the wish to free all beings,

ସଂଗ୍ୟେ ଚୋ ଦଙ୍ଗ ଗେନ୍ଦୁନ ଲା ।
sangye chö dang gendün la
Continually, I shall take refuge

ଚନ୍ଗଚୁବ ନ୍ୟିଙ୍ପୋର ଚି କ୍ୟି ବାର ।
changchub nyingpor chi kyi bar
In the Buddha, Dharma and Sangha,

ତକପାର ଦାକ ନି କ୍ୟାବ ସୁ ଚି ।
takpar dak ni kyab su chi
Till the essence of enlightenment is reached.

ଶେରାବ ନ୍ୟିଙ୍ଗ ତ୍ୱେ ଦଙ୍ଗ ସତସା ସମ୍ବା ।
sherab nying tsé dang chepé
With wisdom and with heartfelt love,

ତ୍ୱେନ୍ପେ ସେମଚେନ ଦେଂଦୁ ଦାକ ।
tsönpé semchen döndu dak
Diligently, for the sake of sentient beings,

ସଂଗ୍ୟେ କୁରା କୁରା ଗ୍ରହଣ ସମ୍ମିଳନା ।
sangye dündu né gyi né
I shall place myself before the buddhas,

ଦ୍ରୋ କ୍ୟାପ ଦ୍ରୋ ଚନ୍ଗଚୁବ ସେମକ୍ୟେ ସଞ୍ଜ୍ଞା ।
dzokpé changchub semkyé do
And generate the perfect mind of bodhicitta.

ମାତ୍ରାଦେଵି ପରାମର୍ଶା ପୂର୍ଣ୍ଣାବ୍ଲୀ

Composed by the great Kashmiri pandita Śākyasrībhadra.¹

| Rigpa Translations. Revised 2012.

1. ↑ These two verses are extracted from Śākyasrībhadra's Seven Branches for Practising the Sacred Dharma (Saptāṅgasaddharmacaryāvatāra).



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