

The Bodhisattva's Confession of Downfalls¹

from the Words of the Buddha

សែមស់ទាំងប្រជាពលិត ពីព្យូរដុំ សុខកេត្តិស៊ី |
semchen tamché takpar lama la kyab su chi o
All sentient beings take refuge always in the Guru;

ସନ୍ତୁଷ୍ଟିରେ ପ୍ରମାଣିତ କରିବାକୁ ପାଇଲା
sangye la kyab su chi o
Take refuge in the Buddha;

ହେ'ଯ'ଶୁଦ୍ଧ'ଶୁ'କିର୍ତ୍ତୀ ।
chö la kyab su chi o
Take refuge in the Dharma; and

ଦ୍ରଶ୍ୟବ୍ରତ୍ୟାକ୍ଷମନାନୁଷ୍ଠାନିତ୍ୱ ।
gendün la kyab su chi o
Take refuge in the Saṅgha.

chomdendé deshyin shekpa drachompa yangdakpar dzokpé sangye shakya tubpa la chaktsal lo

Homage to the blessed one, the tathāgata, the arhat, the complete and perfect Buddha,
Śākyamuni!

දැනු තුළ ස්විංච් පාස් නු තෙක්සා පා ප්‍රූග තක්සා ඩේ |
dorjé nyingpo rabtu jompa la chaktsal lo
Homage to Vajra Conqueror,²

ସ୍ଵିତ୍କେତ୍ରଦ୍ଵାରଣ୍ଣପ୍ରଭାତକପାର୍ବୀ ।
rinchen ötro la chaktsal lo
Homage to Blazing Jewel;³

ລູວ່າງ ກິ ກ୍ୟାଲ୍ ລା ଚକ୍ତସାଳ
luwang gi gyalpo la chaktsal lo
Homage to Sovereign King of Nagas;⁴

དྲୟଦ གେତ୍ର བୁଣ୍ଡ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

pawö dé la chaktsal lo

Homage to Leader of the Warriors;⁵

ଧ୍ୟାନ ଶ୍ରେଷ୍ଠ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

palgyé la chaktsal lo

Homage to Heroic Sound;⁶

ରିଞ୍ଚେନ ମେ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

rinchen mé la chaktsal lo

Homage to Glorious Jewel;⁷

ରିଞ୍ଚେନ ଦୋନ୍ୟୋ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

rinchen da ö la chaktsal lo

Homage to Jewel Moonlight;⁸

ତଙ୍ଗ୍ଵା ଦେନ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

tongwa dönyö la chaktsal lo

Homage to Unerring Vision;⁹

ରିଞ୍ଚେନ ଦା ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

rinchen dawa la chaktsal lo

Homage to Jewel Moon;¹⁰

ଦ୍ରିମା ମେପା ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

drima mepa la chaktsal lo

Homage to Stainless One;¹¹

ଧ୍ୟାନ ପରିଜିନ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

paljin la chaktsal lo

Homage to Gift of a Hero;¹²

ତସଂପା ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

tsangpa la chaktsal lo

Homage to Pure One;¹³

ତସଂପେ ଜିନ ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

tsangpé jin la chaktsal lo

Homage to Gift of Purity;¹⁴

ଚୁଲ୍ହା ପକ୍ଷିଷ୍ଠାନକଷାର୍ଥୀ ।

chulha la chaktsal lo

Homage to Water Deity;¹⁵

କୁଳିରିଳିଲିପିଶ୍ରୀରକ୍ଷିତି ।

chulhé lha la chaktsal lo

Homage to God of the Water Deities;¹⁶

ଦ୍ୱାରା ପରିଚୟ କରିବାକୁ ପାଇଲା ।

palzang la chaktsal lo

Homage to Glorious Goodness;¹⁷

ତୁମ୍ହାର ଦସବାପ କୁଣ୍ଡଳ ପାଇଁ ।

tsenden pal la chaktsal lo

Homage to Glorious Sandalwood;¹⁸

ଶ୍ରୀମଦ୍ଭଗବତ୍-ପ୍ରକାଶ-ପ୍ରକାଶ-ପ୍ରକାଶ-ପ୍ରକାଶ ।

ziji tayé la chaktsal lo

Homage to Infinite Vitality;¹⁹

ଶକ୍ତିବାଦୀଙ୍କରୁ ।

öpal la chaktsal lo

Homage to Glorious Splendour,²⁰

ଶୁଦ୍ଧକ୍ଷେତ୍ର ପରିଦ୍ୱାସପାଦାମୁଣ୍ଡରକହିଲୁ ।

nyangen mepé pal la chaktsal lo

Homage to Glorious One Without Sorrow,²¹

শৈব-মেদ-গুণ-সু-প্রকৃষ্ট-বর্ণ-বিশেষ ।

semé kyi bu la chaktsal lo

Homage to Son of No Craving;²²

ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକଳ୍ପାନୁଷ୍ଠାନକାରୀ ।

metok pal la chaktsal lo

Homage to Glorious Flowers;²³

deshyin shekpa tsangpé özer nampar rolpa ngönpar khyenpa la chaktsal lo

Homage to the tathāgata, Splendour of Brahma, Miraculous Insight;²⁴

deshyin shekpa pemé özer nampar rolpa ngönpar khyenpa la chaktsal lo

Homage to the tathāgata, Splendorous Lotus, Miraculous Insight,²⁵

କ୍ରି.ଦୟାପାତ୍ରାମାରକପାଣୀ ।

norpāl la chaktsal lo

Homage to Glorious Wealth;²⁶

ବ୍ରାହ୍ମଦେଵପତ୍ରପାତ୍ରଶିଖାକର୍ମପାତ୍ର ।

drenpé pal la chaktsal lo

Homage to Glorious Mindfulness,²⁷

ପରିବାରକୁ ପରିବାରକୁ ପରିବାରକୁ ପରିବାରକୁ ପରିବାରକୁ ପରିବାରକୁ

tsenpal shintu yongdrak la chaktsal lo

Homage to Renowned and Glorious One;²⁸

ଦୟା-ଶ୍ରଦ୍ଧା-ହିନ୍ଦୁ-ଶୀ-କୃପ-ବକର-ଶ୍ରୀ-କୃପ-ଶ୍ରୀ-କୃଷ୍ଣ-ବକର-ଶ୍ରୀ ।

wangpö tok gi gyaltsen gyi gyalpo la chaktsal lo

Homage to King Indra's Banner;²⁹

ସିକ୍ତୁକୁରୁପଦ୍ମାର୍ଦ୍ଦନପତ୍ରିଦୟଶ୍ଵରାବ୍ଲୁଷାନକପାଣୀ ।

shintu nampar nönpé pal la chaktsal lo

Homage to Glorious Hero;³⁰

ଶ୍ରୀପାତ୍ରାନୁଷ୍ଠାନିକ ପଦାର୍ଥରେ ମହାତ୍ମା ଗାଁନ୍ଧିରଙ୍କ ପଦାର୍ଥରେ ମହାତ୍ମା ଗାଁନ୍ଧିରଙ୍କ

yul lé shintu nampar gyalwa la chaktsal lo

Homage to Perfect Victor in Battle;³¹

କୁମାର-ଶାର୍କଣ୍ଡ-ପତ୍ନୀ-ମାତ୍ରେଷାନୀ-ପଦି-ଦୟା-ପାତ୍ରିଗ-ନକ୍ଷତ୍ରୀ ।

nampar nönpé shekpé pal la chaktsal lo

Homage to Transcendent Victory;³²

ସୁର୍ବାତିକାନ୍ତରେ ପରିଦ୍ୱାରା ପରିଚୟ କରାଯାଇଥିଲା ।

künné nangwa köpé pal la chaktsal lo

Homage to Glorious Array of Eternal Splendour,³³

ଶ୍ରୀକୃତ୍ସନ୍ଦର୍ଶନାର୍ଥିବିଜ୍ଞାନପାଠ୍ୟାବଳୀ ।

rinchen pemé nampar nönpa la chaktsal lo

Homage to Courageous Lotus Jewel,³⁴

ଦେଖିବାକାରୀ ପାଇଁ ଏହାକିମଙ୍କ ପାଇଁ ଏହାକିମଙ୍କ ପାଇଁ ଏହାକିମଙ୍କ ପାଇଁ

ସମ୍ବନ୍ଧରେ କୁଳାଚିତ୍ତରେ ପାଇଲା ଏହାରେ କିମ୍ବା କିମ୍ବା କିମ୍ବା

deshyin shekpa drachompa yangdakpar dzokpé sangye rinpoche dang pemé den la rabtu shyukpa riwang gi gyalpo la chaktsal lo

Homage to the tathāgata, the arhat, the complete and perfect buddha, Lotus Jewel

Steadfast like the King of Mountains.³⁵

dedak lasokpa chok chü jikten gyi kham tamché na deshyin shekpa drachompa
yangdakpar dzokpé sangye chomdendé gang jinyé chik shyuk té tso shying shyepé
sangye chomdendé dedak tamché dak la gong su sol

May you, and however many other blessed ones, tathāgatas, arhats, complete and perfect buddhas there are living and dwelling in all the world systems in all directions—all you blessed buddhas—please pay attention to me!

dak gi kyewa di dang kyewa tokma dang tama machipa né khorwa na khorwé kyené tamché du dikpé lé gyipa dang gyi du tsalwa dang gyipa la jesu virangwa am

In this life and all my other lives circling from one form of saṃsāric existence to the next throughout beginningless time—whatever wrongs I may have done, or caused other to do, or have rejoiced in;

ସହିତ କାହିଁ ଶୁଣି ଦେଖିବା ପରିମାଣ କରିବା ଯାଏନ୍ତି କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା କିମ୍ବା

chörten gyi kor ram gendün gyi kor ram chok chü gendün gyi kor trokpa dang trok tu tsalwa dang trokpa la jesus virangwa am

Whatever possessions of stūpas, possessions of the Saṅgha, or possessions of saṅghas dwelling in all directions, I may have appropriated, caused others to appropriate, or rejoiced in the appropriation of:

ସହମନ୍ୟମ ପାଇଲୁ କରିବାକୁ ପାଇଲୁ କରିବାକୁ ପାଇଲୁ କରିବାକୁ
ପାଇଲୁ କରିବାକୁ ପାଇଲୁ କରିବାକୁ ପାଇଲୁ କରିବାକୁ

tsam machipa ngé lé gyipa dang gyi du tsalwa dang gyipa la jesu yirangwa am
Whichever of the five actions of immediate retribution I may have committed, caused
others to commit, or rejoiced in;

ଶ୍ରୀଦୟଶାରକୁରିପତିର୍ମଣଗନ୍ଧାରାପତିଷ୍ଠାନମା

migewa chü lé kyi lam yangdakpar langpa la shyukpa dang juk tu tsalwa dang shyukpa
la jesu yirangwa am

Whichever of the ten unwholesome actions I may have committed, incited others to commit, or rejoiced in;

lé kyi dribpa gang gi drib né dak semchen nyalwar chiwa am düdrö kyené su chiwa am yidak kyi yul du chiwa am yul takhob tu kyewa am lalor kyewa am lha tseringpo nam su kyewa am wangpo matsangwar gyurwa am tawa lokpar dzinpar gyurwa am sangye jungwa la nyepar mi gyipar gyurwé lé kyi dribpa gang lakpa dedak tamché sangye chomdendé yeshe su gyurpa

Whatever karmic veils I may have developed that would lead to the hells, or to the animal realm, or to the land of the pretas, or to birth in border regions, or amongst barbarians, or amongst the long-lived gods, or that would lead to incomplete sense faculties, or holding wrong views, or to not rejoicing at the advent of a Buddha—

ଶ୍ରୀନୁଶୁଦ୍ଧା ନମନୁଶୁଦ୍ଧା କନ୍ଦମରଶୁଦ୍ଧା ପତ୍ରପଶ୍ଚା ଶବ୍ଦିଶାପା ଦିନଶିଶୁଦ୍ଧା
ପଞ୍ଚପଦ୍ମରକଣଶାର୍ଷୀ ପଦ୍ମରକଣଶାର୍ଷୀ ପଦ୍ମଶିଦର୍ଦ୍ଦୀ ଶିଶୁକନ୍ଦରୁଦ୍ଧାର୍ଦ୍ଦ ପଶ୍ଚିମଶିଦ
ଶାର୍ଷୀ ।

chen du gyurpa pang du gyurpa tsemar gyurpa khyenpé zikpa dedak gi chen ngar tol lo
chak so mi chabwo mi bé do lenché kyang chö ching dompa gyi lak so

All of these I confess in the presence of the blessed buddhas, who are aware, who observe, who are witnesses, who are authorities, who know and see. I admit them and do not conceal them, and I make a vow to refrain from them henceforth!

sangye chomdendé dedak tamché dak la gong su sol

All you blessed buddhas, please pay attention to me!

dak gi kyewa di dang kyewa tokma dang tama chipa né khorwa na khorwé kyené
shyendak tu jinpa tana düdrö kyené su kyepa la zé kham chik tsam tsalwé gewé tsawa
gang lakpa dang

Over the course of this life and all other lives in samsāra without beginning or end—whatever wholesomeness there may be from having given gifts to others, even as little as a mouthful of food to a being born as an animal;

ସଦ୍ବାଶୀଲାକୁଳ୍ୟାନ୍ତିମନ୍ତ୍ରମଧ୍ୟରେ ପଦିନ୍ଦାରେ ଏହାରେ କୁଳମଧ୍ୟରେ ପଦିନ୍ଦାରେ

dak gi tsultrim sungpé gewé tsawa gang lakpa dang

Whatever wholesomeness there may be in having preserved discipline;

བདག་གීතා ཀ්රිංග ප්‍රාන් සැලුණු ප්‍රාන් මෙයි ප්‍රාන් සැලුණු ප්‍රාන්

dak gi tsangpar chöpa la nepé gewé tsawa gang lakpa dang

Whatever wholesomeness there may be in having maintained chaste behavior;

dak gi semchen yongsu minpar gyipé gewé tsawa gang lakpa dang

Whatever wholesomeness there may be in having caused sentient beings to mature;

པད་གារ් ཤිලා འරු ຖ්‍රු ຕු ອැ ພක් ຜ් ຕු ສේ පෙ ວ ສේ ປ ຕු ພ ຕු ພ ຕු ພ ຕු ພ

dak gi changchub chok tu semkyepé gewé tsawa gang lakpa dang

Whatever wholesomeness there may be in having roused a mind set on supreme awakening;

པད୍ମା·ଶୀର୍ଷା·ଶ୍ଵର·କ୍ରେଦ·ପ୍ରେଷା·ଶୁଣ୍ଡଶୋ·ପତିର୍କ·ପାନା·ପାନାଶାପ·ପାନା·ବନାଶ·ତତ୍ତ୍ଵାତ୍ମିକା·ଚୁପକୁଶ·
ପ୍ରେତ·ପାନାଶାପାତ୍ରି

dak gi lanamepa yeshe kyi gewé tsawa gang lakpa dedak tamché chik tu dü shing dum té

Whatever wholesomeness there may be in unsurpassable wisdom—

॥ ଶ୍ରୀକାନ୍ତପାତ୍ରଙ୍ଗମିତିରୁଷାମାନା ॥

dom né lana machipa dang gong nama chipa dang gongmé gongma lamé lamar yongsu ngowé lanamepa yangdakpar dzokpé changchub tu yongsu ngowar gyi o
Combining, gathering, and collecting all of this together, I dedicate it to the unexcelled, unsurpassed, most exalted, the most excellent; I dedicate it to unsurpassable, complete and perfect awakening.

ମେଲୁହ ଦନ୍ତଶ ପରି ସନ୍ଦର୍ଶ କୁଣ୍ଡଳ ପରିମାଣ ଦନ୍ତଶ କୁଣ୍ଡଳ ପରିମାଣ ଗୁଣ୍ଡଳ ପରି ଦନ୍ତଶ ମେଲୁହ ପରିମାଣ

ମର୍ତ୍ତା'ପରି'ଶକ୍ତି'କଣ'ଏକ'ଭ୍ରମ'ପରି'ଶକ୍ତି'କଣ'ଏକ'ଭ୍ରମ'

ଶ୍ରୀମଦ୍ଭଗବତପ୍ରକାଶନକାରୀ ପରିଷଦ

iitar depé sangye chomdendé nam kyi vongsu ngöpa dang iitar maiönpé sangye

jitar dêpe sangye chomdendé nam kyi yongsu ngopa dang jitar majorpé sangye
chomdendé nam kyi yongsu ngowar gyurwa dang jitar dantar shyukpé sangye
chomdendé nam kyi yongsu ngowar dzepa deshyindu dak gi kyang yongsu ngowar gyi
8

Just as past blessed buddhas have dedicated, and just as future buddhas, blessed ones, will dedicate, and just as the buddhas, blessed ones of the present in all directions, are dedicating now, I also fully dedicate in the very same way.

ශ්‍රීයාස්මානාතද්‍රූහ්ස්සේස්සාණ් |

dikpa tamché ni sosor shak so

I confess each and every misdeed.

ස්ස්දුත්‍යාස්මානාතද්‍යාරූහ්ස්සාණ් |

sönam tamché la ni jesu yi rang ngo

I rejoice in all goodness.

සංසාරුණාස්මානාතද්‍යාරූහ්ස්සාණ් |

sangye tamché la ni kul shying solwa deb so

I request and pray to all the buddhas to teach and remain in samsāra.

අඩංග්‍රේඛ්‍යාපේද්‍යායේශාරුයාක්කොජ්‍යාස්ථාප්‍රාදුරුණ් |

dak gi lanamepa yeshe kyi chok dampa tobpar gyur chik

May I attain sublime, supreme, unsurpassed wisdom!

මිචොක්කුජ්‍යාස්ථාප්‍රාදුරුණ් |

michok gyalwa gangdak dantar shyukpa dang

Supreme among humans, Victors now present,

ගංඛ්‍යාප්‍රාදුරුණ් |

gangdak depa dak dang deshyin gang majön

Those of the past, and those yet to come,

යෝනෙන්ග්‍රුජ්‍යාස්ථාප්‍රාදුරුණ් |

yönten ngakpa tayé gyatso dra kün la

Your praiseworthy qualities are boundless like the ocean—

සංඛ්‍යාප්‍රාදුරුණ් |

talmo jarwar gyi té kyab su nyewar chi o

With folded palms, I take refuge in you!

තත්ත්‍යාස්ථාප්‍රාදුරුණ් |

This completes the Mahāyāna sūtra entitled “The Noble Three Heaps.”

| Lhasey Lotsawa Translations (trans. Stefan Mang, Peter Woods), 2020.

1. ↑ This text is an excerpt from *Ascertaining the Discipline: the Sūtra of Upāli's Questions* (Toh 68 *Vinayaviniścayopālipariprcchāsūtra*, 'dul ba rnam par gtan la dbab pa nye bar 'khor gyis zhus pa'i mdq). The excerpt is cited in Śāntideva's *Compendium of Training* (Toh 3940, *Śikṣāsamuccaya*, bslab pa kun btus) as a method of purifying transgressions of vows and downfalls of the bodhisattva vow. Unlike *Ascertaining the Discipline*, Śāntideva's *Compendium of Training* has been preserved in Sanskrit, eg. as inputted by Mirek Rozehnal and published on GRETL. The names of the Thirty-Five Buddhas as given

in the footnotes have been checked against the GRETEL Sanskrit edition.

2. ↑ Skt. Vajra-pramardin.
3. ↑ Skt. Ratnārcis.
4. ↑ Skt. Nāgeśvara-rāja.
5. ↑ Skt. Vīra-sena.
6. ↑ Skt. Vīra-nandin.
7. ↑ Skt. Ratna-śrī.
8. ↑ Skt. Ratna-candra-prabha.
9. ↑ Skt. Amogha-darśin.
10. ↑ Skt. Ratna-candra.
11. ↑ Skt. Vimala. The Sanskrit version of the *Śikṣāsamuccaya* adds a homage to Nirmala before Vimala.
Both of these buddhas' names could be rendered into Tibetan as *dri ma med pa*.
12. ↑ Skt. Śūra-datta.
13. ↑ Skt. Brahmana.
14. ↑ Skt. Brahma-datta.
15. ↑ Skt. Varuṇa.
16. ↑ Skt. Varuṇa-deva.
17. ↑ Skt. Bhadra-śrī.
18. ↑ Skt. Candana-śrī.
19. ↑ Skt. Anantaujas.
20. ↑ Skt. Prabhāsa-śrī.
21. ↑ Skt. Aśoka-śrī.
22. ↑ Skt. Nārāyaṇa. The Sanskrit is variously interpreted as "resting upon water," "the path of human beings," and "the son of man." The Tibetan interpretation, which we are following here is "the son of Nāra," with Nāra translated as "one without craving."
23. ↑ Skt. Kusuma-śrī.
24. ↑ Skt. Brahma-jyotir-vikṛiditābhi-jñā.
25. ↑ Skt. Padma-jyotir-vikṛiditābhi-jñā. The Sanskrit version of the *Śikṣāsamuccaya* omits a homage to this buddha.
26. ↑ Skt. Dhana-śrī.
27. ↑ Skt. Smṛti-śrī.
28. ↑ Skt. Supari-kīrtita-nāma-dheya-śrī.
29. ↑ Skt. Indra-ketu-dhvaja-rāja.
30. ↑ Skt. Suvikrānta-śrī.

31. ↑ The Tibetan appears to translate the Sanskrit name Vijitra-sam̄-grāma. Alternatively, the Tibetan could also be a translation of the Sanskrit name Yuddhajaya. The *Śikṣāsamuccaya* reads Vicitra-sam̄-krama (Eng. Perfect Transference).
32. ↑ Skt. Vikrānta-gāmin.
33. ↑ Skt. Samantāva-bhāsa-vyūha-śrī.
34. ↑ Skt. Ratna-padma-vikrāmin.
35. ↑ Skt. Ratna-padma-supra-tiṣṭhita-śailendra-rāja.



This work is licensed under a [Creative Commons Attribution-NonCommercial 3.0 Unported License](#).

PDF document automatically generated on Wed Aug 5 14:24:48 2020 GMT from
<https://www.lotsawahouse.org/words-of-the-buddha/confession-of-downfalls-nyingma>



LOTSAWA HOUSE

DHARMA. ON THE HOUSE.